

# Meridian Clinic

by the Village

Ariel Podjun, OTR/L



### Neuro Specialist

Certified in  
Neuro-IFRAH:

- Certification Course
- Advanced Upper Extremity
- Advanced Hand Function/Fine Motor
- Advanced Gait

Lexis Taylor PT, DPT



### Neuro Specialist

Certified in  
Neuro-IFRAH  
-Certification Course

- Clinical Driving Risk Assessment



Tonya Hylton, M.S., CCC-SLP



### Neuro Focused

With 18+ years of  
experience working  
with Stroke & Brain  
Injury

- Swallowing
- Aphasia/Apraxia/  
Dysarthria
- Functional Cognition

# Nampa Clinic

by Ford Idaho Center

Whitney Sauer, OTR/L



### Neuro Specialist

Certified in Neuro-IFRAH:  
-Introduction to the  
Approach & Certification  
Course

- IPA PNF: Functional  
Neuromuscular and  
Motor Control Training
- Pelvic health

## Meridian Clinic

- 🏠 2470 N Stokesberry Pl.  
Meridian, ID 83646
- ☎️ O: (208) 884-8323  
C: (208) 810-0111
- 📄 (208) 855-5708

## Nampa Clinic

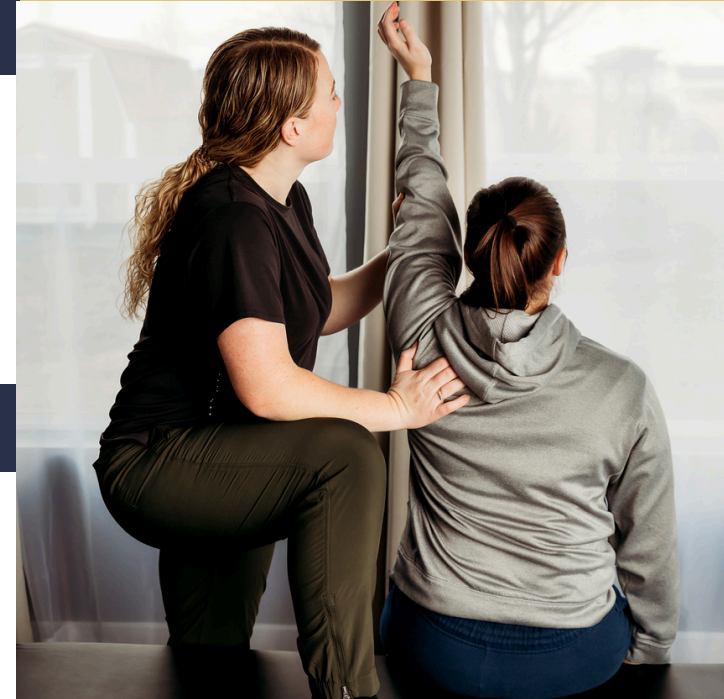
- 🏠 5560 E. Franklin  
Nampa, ID 83687
- ☎️ (208) 463-0700
- 📄 (208) 463-0760

For more information visit:  
[NeuroClinicIdaho.com](http://NeuroClinicIdaho.com)  
[NeuroClinicIdaho@gmail.com](mailto:NeuroClinicIdaho@gmail.com)



# Neuro Clinic of Idaho

Stroke & Brain Injury  
Rehabilitation



Offering Specialized  
Occupational, Physical  
and Speech Therapy.



# NEURO CLINIC IDAHO

## STROKE & BRAIN INJURY

### Our services.

#### NEURO-BASED THERAPY

- Arm & Hand
- Leg & Foot
- Pelvic & Trunk
- Gait
- Full Body & All Systems
- Bladder & Bowel

#### VISION & BALANCE

- Vestibular Training
- Coordination
- Ataxia
- Central Vertigo
- Diplopia
- Visual Inattention

### Get to Know Us.

We use a comprehensive rehabilitative approach focusing on improving balance, gait, and overall activities of daily living by moving through a progression which allows for normal movement patterns.

Together with OT, PT and SLP the approach will be cohesive by working simultaneously on specific goals and body dysfunction to reach the end goal.

For more information visit:  
[NeuroClinicIdaho.com](http://NeuroClinicIdaho.com)

### Our services.

#### MANUAL THERAPY

- Spasticity/ Hypertonicity
- Shoulder & Hip Pain
- Frozen Shoulder & Subluxation
- Foot Drop
- Hammer Toe
- Contractures

#### FUNCTIONAL COGNITION

- Expressive/Receptive Aphasia
- Apraxia & Dysarthria
- Executive Functioning
- Attention
- Medication & Money Management
- Sequencing/Problem Solving

"I attribute my accelerated improvement due to this type of therapy I received. In two weeks I went from total nursing dependence to being able to stand, walk and I have movement in my fingers and hand." -David